

ACOP PREVIEW

IMPORTANT INFORMATION FOR ACOP MEMBERS

AUGUST 2011

A sampling of what's to come for our Members...



REGISTER NOW TO ATTEND THE AOA/ACOP PEDIATRIC TRACK AT OMED 2011

October 30 - November 2, 2011
Orlando Convention Center • Orlando, Florida

26+
Category 1-A
Credit Hours

By Marta S. Diaz-Pupek, DO, FACOP
AOA/ACOP Pediatric Track Program Chair

The American College of Osteopathic Pediatricians CME Committee has put together a wonderful meeting for this year's OMED conference. There will be dynamic speakers from all over the country speaking on a wide range of topics. The conference will start with a Neonatal/Perinatal Day with some hot topics being discussed, ranging from the use of near-infrared spectroscopy to the ethics of treating a baby with a chromosome anomaly. Seven speakers will bring these and other topics to the forefront to educate us all. The following three days will cover a wide range of topics to help the practicing general pediatrician as well as the family practitioners in their offices.

Have Fun in Orlando!

Although the schedule is jam packed with quality education opportunities and CMEs, we also realize that you want to take advantage of being in Orlando. We have built time into the educational program for non-conference personal time, catching up with friends and family fun.

Please join us at OMED. We look forward to seeing you there – and don't forget to check the Pediatricians box on your AOA registration form.

Registration is available at

www.osteopathic.org/inside-aoa/events/omed-2011

You must check the **Pediatricians Box** when you register in order to receive your syllabus.

Interested in Presenting Your Research or Sharing an Interesting Case Presentation?

The AOA/ACOP Pediatric Track is a perfect opportunity to showcase your research and present interesting cases. Further information can be found at the www.acoped.org/cme.iphtml.

ABSTRACT DEADLINE - SEPTEMBER 1, 2011

FEATURED SCIENTIFIC ARTICLE

Transition of Patients from Pediatrics to Adult Care

By Jennifer LeComte, DO

Dr. LeComte is an Internal Medicine - Pediatrics physician at Christiana Care Health System, Wilmington, DE. She is also the Young Physician Liaison member of the Delaware State Osteopathic Medical Society and the representative for the Medical Home Resident Education Initiative Work Group (REIWG) as a representative from the AAP Section on Medicine-Pediatrics (Med-Peds).

Transitions are a part of life. One potentially difficult transition of patients is the transition from pediatric care to the adult health care system. For many adolescents and young adults, the timing of transition is usually based on age with no focus on preparation or readiness. Transition becomes more reflective of an administrative event rather than a positive and purposeful process.

It has been estimated that more than 90% of Youth with Special Health Care Needs (YSHCN) are expected to live more than 20 years. For example, median lengths of survival for cystic fibrosis have increased from 7 years in 1970 to 38 years. Less than one third of patients with Spina Bifida lived until the age of 18 in 1970, but now more than 80% of patients reach adulthood. Similar successes have been recognized in congenital heart disease, sickle cell disease and childhood cancers.

Such advances in our health care system have created new challenges. Medicine is just learning what the long-term complications are of the treatments for an adult who has survived surgical repair of a complex congenital heart defect or how to anticoagulate an adult patient with hemophilia who presents with chest pain. Approximately 10% of pediatric cancer survivors have a second malignancy within 30 years of the initial diagnosis. Given these new realities, some argue that transition from pediatric to adult health care providers has lagged behind the medical improvements that have made the transition necessary.

There are many barriers to achieving a successful transition. Many of the barriers are similar for both pediatric care and adult care including time, access to care and appropriate compensation. Adult-care physicians need to be mindful of the developmental stage of the young person in order to provide appropriate and engaging care. Physicians also need to understand the effect of chronic illness on development and the psychological effects chronic illness plays on caregivers. Pediatric providers need to educate their families about the adult health care system as well as educate adult providers about childhood-onset disease pathophysiology that adult providers have not yet encountered.

In their 2002 consensus statement, the AAFP, AAP, and

ACP stated that the goal of a healthy transition is to maximize lifelong functioning and potential through the provision of high quality developmentally appropriate health care services that continue uninterrupted as the individual moves from adolescence to adulthood. Putting these guidelines into practice has been a slow course and new guidelines are anticipated in the summer of 2011. Primary care providers must learn the challenges of providing care to this growing population in order to be successful clinicians.

In Delaware, a collaborative effort has led to clinical programs to address transition of care. A.I. duPont Hospital for Children's consultative Transition of Care Division seeks to support the YSHCN patient in the development of self-management skills, educate the patient/family about the differences between the pediatric and adult health care systems and assist in the identification of appropriate adult health care providers. The primary adult care hospital, Christiana Care Health System's Transition Care Practice goal is to provide a patient-centered medical home within the tenets of a chronic disease model and shared management model. Both centers will continue to contribute to resident education by incorporating the transition process in resident training both for pediatric, internal medicine and family medicine residents. These centers hope to develop a network of providers (primary care and subspecialty care) so that patients can be best served in their local neighborhood. Similar programs may exist or be in the process of development in your region.

There are a few things that every physician can do to make the process of transition to an adult provider better for all patients.

1. Physicians need to start talking about transition with their patients early.
2. Goals about transition should be established and a written plan should be created no later than by age 14.
3. Families should have goals about transition in the individualized education plans (IEPs) for YSHCN.
4. Pediatricians, Family Medicine physicians, Internists and Med-Peds physicians need to network so that all are comfortable in referring, transferring and receiving YSHCN into any practice.

Physicians can unite to advocate for appropriate compensation for providing great care. Ultimately we hope to create a process that is a guided educational and therapeutic transition for all involved rather than an administrative event.

AOA/ACOP PEDIATRIC TRACK



American College of
Osteopathic Pediatricians

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Visit the ACOP website
www.acopeds.org/cme.iphtml
for the full meeting program brochure
and abstract submission information

Selected ACOP Lectures & Activities

Sunday - October 31, 2011

- Breastfeeding the Premature Infant
- Practical Uses of Near Infrared Spectroscopy in the NICU
- Novel Treatments for Retinopathy of Prematurity
- PDA: Evaluation and Treatment in the NICU
- AOA Lunch and Learn: Exhibit Hall
- The Late Premature Neonate
- Ethical Dilemmas in the NICU
- Neonatal Palliative Care
- AOA Opening Reception

Monday - October 31, 2011

- AOA Opening Session - Keynote Speaker
- Screening Athletes for Heart Disease
- Lipidemias: Diagnosis and Treatment
- Hypertension
- AOA Lunch and Learn: Exhibit Hall
- Breastfeeding: Victories and Challenges
- Common Household Ingestions
- AOA Trick or Treat: Exhibit Hall
- The Most Common Prescribed Medications Ingestions
- Medical Management of Common Poisons

Tuesday - November 1, 2011

- AOA Fun Run/Walk
- AOA Breakfast Seminar
- Pediatric Palliative Care
- Review/Update: Rheumatology
- New Therapies for Rheumatoid Disorders
- Food Allergies
- Alumni Luncheons (Hotels)
- Do You See What I See? Visual Diagnosis
- OMT Workshop

Wednesday - November 2, 2011

- AOA Breakfast Seminar
- Maintenance of Certification
- Acute Abdomen in Children
- Anorectal Malformations
- Urology Update
- ACOP Lunch/Posters
- Concussions in Children
- Rehabilitation of Common Pediatric Injuries
- Update on Type 1 Diabetes Mellitus
- AOA Dinner Seminar



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Visit

www.acopeds.org

to view current & archived
issues of *PULSE* & *eJournal*



Don't Miss the Fall Issue!

Coming up in the Fall 2011 issue of PULSE:

- Getting Ready for Orlando! -- Information on Upcoming Conferences and CME Opportunities
- In Their Footsteps: DO pediatricians across generations featuring the Groggs.
- Greats of Our Generation: featuring Arnold Melnick, DO
- President's Message and ACOP Board and Committee Communications
- Book Reviews, Historical Highlights, Appellation Answers, International Public Health, By the Numbers, Member Speak, Members in the News and print, membership information, education, and more

Did you miss seeing the Summer 2011 issue of the PULSE featuring the Finkels, Student Clubs, and ACOP news??

It is still available at [ACOP Website](http://www.acopeds.org) or at
<http://www.acopeds.org/newsletters.iphtml>



Don't Miss the October Issue!

The next edition of the ACOP *eJournal* is coming your way in October. The edition's theme will deal with adolescent medicine and will include the following:

- Dr. Jones Hicks will address the topic of mental health in young adults.
- Dr. Tyree Winters, Chair of our Minority Committee, will discuss obesity in the minority populations.
- Dr. Tami Hendriksz will complete the subspecialty section with a manuscript entitled: *Bridging the Gap: Finding Creative Ways to Match Nutrition Recommendations and Actual Nutrient Intake Among Adolescents.*

In Addition:

The *eJournal* is packed with things to do, like earning free CME, getting sideline tips about sport medicine, trying to beat Dr. Marshall in his corner and figuring out the vaccine committee's picture quiz. See you online.