

# 2007 AOA/ACOP



## PEDIATRIC TRACK

SEPTEMBER 30 - OCTOBER 3, 2007 • SAN DIEGO CONVENTION CENTER

*San Diego*

TO REGISTER, VISIT  
[www.do-online.org](http://www.do-online.org)



American College of Osteopathic Pediatricians  
2209 Dickens Road • Richmond, VA 23230-2005 • (877) 231-ACOP  
Fax (804) 282-0090 • Email: [bob@acoped.org](mailto:bob@acoped.org) • [www.ACOPeds.org](http://www.ACOPeds.org)

# 2007 AOA/ACOP Pediatric Track Scientific Program

Neil S. Levy, DO, MBA, FACOP - Director of CME

Michael G. Hunt, DO, FACOP and Nancy Monaghan Beery, DO, FACOP, FAAP - Chairpersons

## MONDAY, OCTOBER 1, 2007

6:30 am - 6:00 pm	Registration	San Diego Convention Center - 4 Foyer
7:00 am - 7:50 am	<b>ACOP LECTURE</b> <b><i>Computers and PDAs in Pediatric Medical Practice</i></b> Daniel W. Saylak, DO, FACOP	San Diego Convention Center - 4
9:30 am - 10:00 am	Exhibit Break	↓
10:00 am - 11:00 am	<b>ACOP/AOA Practice Management Lecture Series</b> <b><i>Audits</i></b> Mary Jean Sage, CMA-AC	
11:00 am - 12:00 n	<b>ACOP/AOA Practice Management Lecture Series</b> <b><i>Pediatric Billing</i></b> Don Self	
12:00 n - 1:00 pm	<b>ACOP/AOA Practice Management Lecture Series</b> <b><i>How to Optimize Income by Proper Documentation and Billing</i></b> Mary Jean Sage, CMA-AC	
1:15 pm - 2:30 pm	Alumni Luncheons	
2:30 pm - 3:00 pm	Exhibit Break	
3:00 pm - 4:00 pm	<b>ACOP Lecture</b> <b><i>Pediatric Obesity</i></b> Malcom S. Schwartz, DO, FACOP	
4:00 pm - 5:00 pm	<b>ACOP LECTURE</b> <b><i>Pediatric Diabetic Type II</i></b> Malcom S. Schwartz, DO, FACOP	
5:15 pm - 5:45 pm	<b>Pediatric Program Directors Meeting</b>	
6:00 pm - 8:00 pm	<b>ACOP Reception</b>	

## TUESDAY, OCTOBER 2, 2007

6:30 am - 5:00 pm	Registration	San Diego Convention Center - 4 Foyer
7:00 am - 8:00 am	<b>ACOP LECTURE</b> <b><i>Evaluation of Newborn with Dysmorphic Features</i></b> Andrea Amalfitano, DO, PhD	San Diego Convention Center - 4
8:00 am - 9:00 am	<b>ACOP LECTURE</b> <b><i>Ambulatory Care of NICU Graduates</i></b> Michelle Bez, DO, FACOP	↓
9:00 am - 10:00 am	<b>ACOP LECTURE</b> <b><i>Death in the NICU: Moral Distress in Health Care Providers</i></b> Liz Sumner, RN, BSN	
10:00 am - 11:00 am	<b>ACOP LECTURE</b> <b><i>Early Recognition of Spasticity in Infants</i></b> Kevin Z. Craig, DO	
11:00 am - 12:00 n	<b>ACOP LECTURE</b> <b><i>Pre and Probiotics: Are They Wise to Add to Infant Nutrition?</i></b> Carey Walker, PhD	

12:00 n - 12:30 pm	Exhibit Break	San Diego Convention Center - 4
12:30 pm - 2:00 pm	General Membership Luncheon	San Diego Convention Center 14B
2:00 pm - 3:00 pm	<b>ACOP LECTURE</b> <i>New Expanded Newborn Metabolic Screen</i> Michael Kayser, DO	San Diego Convention Center - 4
3:00 pm - 4:00 pm	<b>ACOP LECTURE</b> <i>New Techniques for the Diagnosis of Genetic Diseases</i> Michael Kayser, DO	
4:00 pm - 5:00 pm	<b>ACOP LECTURE</b> <i>Current Concepts in Genetic Counseling</i> Michelle A. Fox, MS, BA, CGC	
5:00 pm - 6:00 pm	CME Committee Meeting	
7:00 pm - 10:00 pm	AOA/AOA Presidential Reception	

## WEDNESDAY, OCTOBER 3, 2007

6:30 am - 5:00 pm	Registration	San Diego Convention Center - 4 Foyer
8:00 am - 9:00 am	<b>ACOP LECTURE</b> <i>School Bullies</i> Scott Elkin, DO	San Diego Convention Center - 4
9:00 am - 10:00 am	<b>ACOP LECTURE</b> <i>Pain That Lasts Forever: Recognition, Diagnosis and Treatment of Post-traumatic Stress Disorder in Children and Adolescents</i> Ava Stanczak, DO, FAAP	
10:00 am - 11:00 am	<b>ACOP LECTURE</b> <i>What Happens in the Home after Tragedy in the Community?</i> Felipe Amunategui, PhD	
11:00 am - 12:00 n	<b>ACOP LECTURE</b> <i>Panel Discussion</i> Ava C. Stanczak, DO, FAAP; Felipe Amunategui, PhD	
12:00 n - 1:00 pm	Lunch Break	
1:00 pm - 2:00 pm	<b>ACOP LECTURE</b> <i>Pediatric OMT</i> Shawn K. Centers, DO, FACOP	
2:00 pm - 3:00 pm	<b>ACOP LECTURE</b> <i>Pediatric OMT Lab</i> Shawn K. Centers, DO, FACOP	
3:00 pm - 4:00 pm	<b>ACOP LECTURE</b> <i>Pediatric Palliative Care</i> Paul G. Smith, DO	
4:00 pm - 5:00 pm	<b>ACOP LECTURE</b> <i>Death and Dying Pediatric Issues</i> Liz Sumner, RN, BSN	

**REGISTRATION FOR THE 2007 CONFERENCE SESSIONS AND HOTEL RESERVATIONS  
MUST BE MADE THROUGH THE AOA AT [WWW.DO-ONLINE.ORG](http://WWW.DO-ONLINE.ORG)**

**Visit [www.acoped.org](http://www.acoped.org) for Program Updates**

## FACULTY

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**Andrea Amalfitano, DO, PhD**  
Michigan State University  
East Lansing, MI

**Luis Felipe Amunategui, PhD**  
University Hospitals  
Medical Center  
Cleveland, OH

**Michelle Bez, DO, FACOP**  
Phoenix Children's Hospital  
Phoenix, AZ

**Shawn K. Centers, DO, FACOP**  
Osteopathic Center for Children  
San Diego, CA

**Kevin Z. Craig, DO**  
Children's Hospital  
Central California  
Fresno, CA

**Scott R. Elkin, DO**  
University of Texas at Arlington  
Austin, TX

**Michelle Fox, MS, CGC**  
UCLA Medical Center  
Los Angeles, CA

**Michael Kayser, DO**  
Warren Clinics &  
St. Francis Hospital  
Tulsa, OK

**Mary Jean Sage, CMA-AC**  
The Sage Associates  
Pismo Beach, CA

**Daniel W. Saylak, DO**  
University of Texas Health  
Science Center  
Fort Worth, TX

**Malcolm S. Schwartz, DO,  
FACOP**  
Monmouth Medical Center  
Long Branch, NY

**Don Self**  
Don Self & Associates, Inc  
Whitehouse, TX

**Paul Gregory Smith, DO**  
University Hospitals of Cleveland  
Cleveland, OH

**Ava C. Stanczak, DO, FAAP**  
Virginia College of  
Osteopathic Medicine  
Blacksburg, VA

**Lizabeth H. Sumner, RN, BSN**  
The Elizabeth Hospice  
Escondido, CA

**Carey Walker, PhD**  
Mead Johnson Nutritionals  
Evansville, IN

# 2007 AOA/ACOP Pediatric Track

## SPEAKER OBJECTIVES

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**MONDAY,  
OCTOBER 1, 2007**

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### **Computers and PDAs in Pediatric Medical Practice**

Daniel W. Saylak, DO, FACOP

*After this presentation the participant  
will be able to:*

1. Explore the expanding role of information technology is playing in medical offices
2. Identify the role of Personal Digital Assistants (PDA's) in pediatric resource management
3. Identify potential pitfalls in electronic medical record selections
4. Discuss new technologies that can make the incorporation of medical information technology more efficient

### **Audits**

Mary Jean Sage, CMA-AC

*After this presentation the participant  
will be able to:*

1. Identify those things in the billing department that can realistically be audited
2. Determine who, what and when to audit
3. Select an appropriate party to perform an audit
4. Understand how to interpret the results of an audit

### **Pediatric Billing**

Don Self

*After this presentation the participant  
will be able to:*

- 1.

### **How to Optimize Income by Proper Documentation and Billing**

Mary Jean Sage, CMA-AC

*After this presentation the participant  
will be able to:*

1. Understand and appreciate the relationship of documentation, coding and billing
2. Determine how to ensure everything done in the practice is being billed
3. Set benchmark goals for billing

### **Pediatric Obesity**

Malcom S. Schwartz, DO, FACOP

*After this presentation the participant  
will be able to:*

1. Provide an understanding of the relationship of the anatomic and metabolic controls effecting obesity in children
2. Present a plan for the management of obesity using a multiple disciplinary approach
3. Discuss the use of a diet and exercise model for management of patients with insulin resistance and obesity
4. Present a database for the monitoring of criteria associated with diagnosis of insulin resistance disorders (Metabolic Syndrome)

### **Pediatric Diabetic Type II**

Malcom S. Schwartz, DO, FACOP

*After this presentation the participant  
will be able to:*

- 1.

## **TUESDAY, OCTOBER 2, 2007**

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### **Evaluation of Newborn with Dismorphic Features**

Andrea Amalfitano, DO, PhD

*After this presentation the participant will be able to:*

1. Review broadening Scope of Medical Genetics
2. Review frequency of birth defects and their implications for pediatricians
3. Understand basic definitions and terminology
4. Review aspects of history/physical evaluations
5. Review tenets of dysmorphology
6. Review indications of chromosome/genetic analysis
7. Aspects of common syndrome identification

### **Ambulatory Care of NICU Graduates**

Michelle Bez, DO, FACOP

*After this presentation the participant will be able to:*

- 1.

### **Death in the NICU: Moral Distress in Health Care Providers**

Liz Sumner, RN, BSN

*After this presentation the participant will be able to:*

1. Describe two clinical examples that trigger moral distress in the health care professional
2. Identify strategies relevant to their setting to respond to moral distress and suffering
3. Write down personal attributes that help to preserve emotional resilience and capacity for uncertainty in the health care professional

### **Early Recognition of Spasticity in Infants**

Kevin Z. Craig, DO

*After this presentation the participant will be able to:*

- 1.

### **Pre and Probiotics: Are They Wise to Add to Infant Nutrition?**

Carey Walker, PhD

*After this presentation the participant will be able to:*

- 1.

### **New Expanded Newborn Metabolic Screen**

Michael Kayser, DO

*After this presentation the participant will be able to:*

- 1.

### **New Techniques for the Diagnosis of Genetic Diseases**

Michael Kayser, DO

*After this presentation the participant will be able to:*

- 1.

### **Current Concepts in Genetic Counseling**

Michelle A. Fox, MS, BA, CGC

*After this presentation the participant will be able to:*

1. Understand the principles of genetic counseling, including shared decision making
2. Be aware of how genetic counseling and genetic testing impacts the pediatric patient and their family
3. Understand what geneticists and genetic counselors have to offer their patients and families

## **WEDNESDAY, OCTOBER 3, 2007**

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### **School Bullies**

Scott Elkin, DO

*After this presentation the participant will be able to:*

1. Understand the nature and definition of bullying
2. Be aware of bullying's diverse expression...physical, verbal, sexual, relational and cyber
3. Understand bullying and the law
4. List the characteristics of bullies and their behaviors
5. Discuss what can be done about bullying as individuals, families, schools and communities

### **Pain that Lasts Forever: Recognition, Diagnosis and Treatment of Post-traumatic Stress Disorder in Children and Adolescents**

Ava C. Stanczak, DO, FAAP

*After this presentation the participant will be able to:*

1. Name some of the early signs of post-traumatic stress disorder in young children
2. Explain some of the pathophysiologic changes in young people affected by post-traumatic stress disorder
3. List some of the important clinical findings that are diagnostic of post-traumatic stress disorder
4. Discuss some of the treatment modalities for this disorder in both young children and adolescents

### **What Happens in the Home after Tragedy in the Community?**

Felipe Amunategui, PhD

*After this presentation the participant will be able to:*

- 1.

### **Pediatric OMT**

Shawn K. Centers, DO, FACOP

*After this presentation the participant will be able to:*

- 1.

### **Pediatric OMT Lab**

Shawn K. Centers, DO, FACOP

*After this presentation the participant will be able to:*

- 1.

### **Pediatric Palliative Care**

Paul G. Smith, DO

*After this presentation the participant will be able to:*

- 1.

### **Death and Dying Pediatric Issues**

Liz Sumner, RN, BSN

*After this presentation the participant will be able to:*

1. Describe current trends in pediatric palliative care
2. List ways to integrate palliative care principles into the setting they practice in
3. Verbalize examples of models for care in pediatric palliative care



