

AMERICAN COLLEGE OF OSTEOPATHIC

PEDIATRICIANS

AOA/ACOP PEDIATRIC TRACK

at OMED 2013

September 30-October 3, 2013

Photos courtesy of the Las Vegas News Bureau



Mandalay Bay • Las Vegas, Nevada

www.acoped.org



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Richmond, VA 23230-2005
(804) 565-6333
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OSTEOPATHIC MEDICAL CONFERENCE & EXPOSITION (OMED) 2013

September 30-October 3, 2013 • Las Vegas, NV

AOA OMED/ACOP PEDIATRIC TRACK 2013

Join Us in Las Vegas!

The American College of Osteopathic Pediatricians is proud to offer another exciting OMED program. The CME committee, dedicated to our membership, developed the program based upon member survey responses and assessment of current pediatric topics required to prepare pediatricians for continuous maintenance of certification. Attendees will be exposed to a neonatal program tackling current challenges that both specialists and generalists need to be aware, and the the general program offers current topics in research, informatics, adolescent care, board certification preparation, and Osteopathic interventions that empower each physician with updated tools to make a difference in providing care to patients.

We hope that you will take advantage of the exciting program while enjoying time to replenish your batteries, and enjoy the offerings of Las Vegas. Please let any of our CME members know your thoughts about our program and requests for future conferences.

Michael G. Hunt, DO, FACOP, FAAP, MMI
Program Chair

Nancy Monaghan Beery, DO, FACOP, FAAP
Program Co-Chair

Marta Diaz-Pupek, DO, FACOP, FAAP
CME Committee Co-Chair

Ed Spitzmiller, DO, FACOP
CME Committee Co-Chair

Hotel & Travel

OMED 2013 will take place amidst the exciting hustle and bustle of Las Vegas at the Mandalay Bay Hotel and Convention Center. Please visit <http://www.osteopathic.org/inside-aoa/events/omed/Pages/Travel-and-Hotel.aspx> to make your hotel reservations.

United Airlines offers discounts off published fares of 2% - 10% based on the booking class of service. Call your travel professional or United at 800-426-1122 for reservations. Refer to Z Code ZNKJ and Agreement Code: 691207. Or, save an additional 3% off by booking your own reservations at www.united.com. Choose your flight times and access your meeting discounts by inserting ZNKJ691207 in the Offer Code box.

Education Mission Statement

The ACOP's Continuing Medical Education (CME) is designed to meet the objectives and purposes of the College and the needs of the membership.

The objective of the ACOP is "to foster measures and conduct activities to increase the effectiveness of the specialty of pediatrics and pediatric education at all levels." The ACOP Committee on CME has as its main function the implementation of programs that will improve the quality of health care for children. Through surveys of its members during the year and at the CME Meeting, educational needs are identified. The scope of pediatric topics presented in the CME programs is based on these surveys.

Accreditation and Designation

During OMED 2013, DOs attending OMED from Tuesday through Friday may earn a total of 26 Category 1-A credits. However, it is possible to earn extra credit(s) by attending the Monday sessions (maximum of 9 1-A credits), four breakfast sessions* (a 1-A credit each) and AOA dinner session (2.5 1-A credits). The total number of possible credits that can be earned at OMED 2013, including the extra credit, is 41.5 credits.

ACOP sessions comprise a total of 25 Category 1-A Credit Hours as follows:

Monday, September 30 – 7 credit hours (*We anticipate being approved for 7 AOA Category A-1 CME credits for Monday's program.*)

Tuesday, October 1 – 4.5 credit hours

Wednesday, October 2 – 6.5 credit hours

Thursday, October 3 – 7 credit hours

Please contact ACOP at (804) 565-6333 or email kim@ACOPeds.org with questions regarding this conference.

Americans with Disabilities Act

The American College of Osteopathic Pediatricians has fully complied with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of special accommodations, please contact ACOP headquarters at (804) 565-6333 or via email to kim@ACOPeds.org.





AOA OMED/ACOP PEDIATRIC TRACK 2013

Program Chair: Michael Hunt, DO, FACOP
Program Co-Chair: Nancy Monaghan Beery, DO, FACOP

PROGRAM

During its 2013 OMED program, the American College of Osteopathic Pediatricians will focus on communication with parents, adolescent medicine, pediatric research topics and much more. Highlights may include: a full day of adolescent medicine lectures; the latest in pediatric research; pediatric cardiac lectures; OMM for parents; and another great OCC Mini Board Review session.

MONDAY, SEPTEMBER 30

PERINATAL/NEONATAL

Chair: Barbara D. Ianni, DO, FACOP

Co-Chairs: Abraham Bressler, DO, FACOP; Ed Spitzmiller, DO, FACOP

The ACOP Perinatal/Neonatal program will focus on such topics as: fetal imprinting; review of umbilical cord and cord blood stem cells; pre-term birth issues; nutrition for the NICU infant; and improving communication in the NICU.

7:15 am – 8:15 am	Fetal Imprinting Thomas H. Strong, MD
8:15 am – 9:15 am	Impact of Umbilical Coiling on Fetal Outcome Thomas H. Strong, MD
9:15 am – 9:30 am	Break
9:30 am – 10:30 am	Umbilical Cord and Cord Blood Stem Cells: A State-of-the-Art Review Jordan Perlow, MD
10:30 am – 11:30 am	Pre-term Birth in the United States Jordan Perlow, MD
11:30 am – 1:30 pm	AOA Lunch and Learn Sessions (Lunch and Learn seating is limited with pre-registration available prior to OMED 2013. For those not attending Lunch and Learn sessions, lunch can be purchased in the Exhibit Hall.)
1:00 pm – 4:00 pm	AOA Residency Fair in Exhibit Hall
1:30 pm – 2:30 pm	Transitioning After Birth and the Care of the Late Pre-Term Infant Matthew Abrams, MD
2:30 pm – 3:30 pm	Nutritional Pearls to Maintain Optimal Growth for the NICU Baby Matthew Abrams, MD
3:30 pm – 4:30 pm	Improving Communication in the NICU Craig Shoemaker, MD

FACULTY

Matthew Abrams, MD

Phoenix Perinatal Associates
Phoenix, AZ

Alok Bose, MD

John Muir Health
Walnut Creek, CA

Gunnar Brolinson, DO

Edward Via College
of Osteopathic Medicine
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Lisa DeStefano, DO

Michigan State University College of
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Colony Fugate, DO, FACOP

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R. Thomas Glass, DDS, PhD

Oklahoma State University Center for
Health Sciences
Tulsa, OK

Stanley E. Grogg, DO, FACOP

Oklahoma State University
Medical Center
Tulsa, OK

TUESDAY, OCTOBER 1

On Tuesday, the ACOP Pediatric Track will feature a full day of adolescent medicine topics to include: talking about sex; eating disorders; addiction; and sexually transmitted infections.

10:00 am – 10:45 am	Sex: Presenting the Topic to the Adolescent and Parent(s) Jacqueline Kaari, DO
10:45 am – 11:30 am	Adolescent Health Care Challenge Scenarios: Case Presentation Jacqueline Kaari, DO
11:30 am – 1:30 pm	AOA Lunch and Learn (Lunch and Learn seating is limited with pre-registration available prior to OMED 2013. For those not attending Lunch and Learn sessions, lunch can be purchased in the exhibit hall.)
1:30 pm – 2:15 pm	Adolescent Eating Disorders Margot Waitz, DO
2:15 pm – 3:00 pm	Adolescent Addiction Margot Waitz, DO
3:00 pm – 3:15 pm	Break
3:15 pm – 4:00 pm	Sexually Transmitted Infections Update Cynthia Mears, DO
4:00 pm – 4:45 pm	The Adolescent Physical Exam Cynthia Mears, DO
5:00 pm – 7:00 pm	Giving the Medical Student Feedback: What to Say and What Not to Say ACOP Pediatric Education Leadership Committee Workshop
5:00 pm – 7:00 pm	ACOP Committee Meetings

**FACULTY
CME CREDIT**

WEDNESDAY, OCTOBER 2

On Wednesday, the ACOP Pediatric Track will feature a full morning of the latest pediatric research topics including: head acceleration, concussion and helmet design; pediatric allergy research, bacteria on binkies; pediatric dermatology research; childhood obesity research; and EMR research. The afternoon sessions will feature pediatric cardiac lectures and an outpatient asthma action plan lecture.

JOINT SESSIONS WITH THE AOA RESEARCH CONFERENCE

7:50 am – 8:00 am	Research Introduction: Purpose and Goals Michael G. Hunt, DO, FACOP, FAAP; Stanley E. Grogg, DO, FACOP
8:00 am – 8:30 am	Clinical and Practical Implications of Head Acceleration, Concussion and Helmet Design Gunnar Brolinson, DO
8:30 am – 9:00 am	What's New in Pediatric Allergy Research? Massoud Mahmoudi, DO
9:00 am – 9:30 am	Bacteria on Binkies: A Recipe for Crankiness R. Thomas Glass, DDS, PhD
9:30 am – 10:00 am	What's New in Pediatric Dermatology Research? Frank Morocco, DO, FAOCD
10:00 am – 10:30 am	What's New in Childhood Obesity Research? Colony Fugate, DO
10:30 am – 11:00 am	How does EMR Research Benefit Pediatrics? Michael Hunt, DO
11:00 am – 11:30 am	Using Practice Data to Study Performance and Make Improvements Richard J. Snow, DO

[CLICK HERE
for more information](#)

FACULTY

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Margot L. Waitz, DO
Christiana Care Family
Medicine Center
Wilmington, DE

11:30 am – 1:30 pm	AOA Lunch and Learn (Lunch and Learn seating is limited with pre-registration available prior to OMED 2013. For those not attending Lunch and Learn sessions, lunch can be purchased in the exhibit hall.)
12:00 n – 1:00 pm	Alumni Luncheons
1:30 pm – 2:30 pm	Cardiology: What Do We Need to Remember About Sports Pre-Participation? Alok Bose MD
2:30 pm – 3:30 pm	Long-Term Care Post-Procedure Cardiac Care and Ten Most Common Cardiac Lesions Alok Bose, MD
3:30 pm – 4:30 pm	Outpatient Asthma Action Plan Maureen Josephson, DO
5:00 pm – 7:00pm	ACOP Committee Meetings

THURSDAY, OCTOBER 3

On Thursday, the ACOP Pediatric Track may feature lectures on vaccine resistance, OMM for parents, and teaching parenting skills. There will also be a two-hour OCC Mini Board Review session and a joint session with the American Osteopathic Academy of Addiction Medicine on human and drug trafficking.

7:00 am – 8:00 am	OCC Boot Camp (ACOP Members Only) Pediatric OMT; Osteopathic Manipulation for Acute Otitis Media in the Pediatric Population; An Osteopathic Approach to Pediatric Headaches; Osteopathic Considerations in the Newborn Robert W. Hostoffer, Jr., DO, FACOP
8:00 am – 9:00 am	Vaccine Resistance Stanley E. Grogg, DO, FACOP
9:00 am – 10:15 am	OMM for Parents Doris Newman, DO
10:15 am – 10:30 am	Break

JOINT SESSIONS WITH THE AAO

10:30 am – 11:30 am	Osteopathic Approach for Newborns and Infants with Colic Heather Ferrill, DO
11:30 am – 12:30 pm	Osteopathic Care for Infants with Plagiocephaly and Cranial Asymmetry Lisa DeStefano, DO
12:30 pm -2:00 pm	ACOP Lunch/Posters
2:00 pm – 3:00 pm	Teaching Parenting Skills in the Office Ava Stanczak, DO
3:00 pm – 5:00 pm	OCC Mini Board Review Coordinator: Marta S. Diaz-Pupek, DO, FACOP
3:00 pm – 3:30 pm	Adolescent Medicine - Cynthia Mears, DO
3:30 pm – 4:00 pm	Anticipatory Guidance - Edward E. Packer, DO, FACOP
4:00 pm – 5:00 pm	Board Review Game - Marta S. Diaz-Pupek, DO, FACOP

5:15 pm – 6:15 pm	Human and Drug Trafficking Session <i>Sponsored by the AOAAM</i> Speaker TBD
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PELC WORKSHOP

Giving the Medical Student Feedback: What to Say and What Not to Say

Sponsored by the ACOP Pediatric Education Leadership Committee

Presenter:

J. Michael Metts, DO, FACOP, FAAP
Chair, Department of Specialty Medicine, Des Moines University

Tuesday, October 1, 2013

5:00 pm - 6:30pm

Lagoon 1; Mandalay Bay Convention Center

Do you teach medical students or residents? Do you ever wonder what to say to the learner when they are doing well or when they are struggling? Are you interested in having a real impact on your learners with your feedback? Then this workshop is for you, a chance to discuss with other physician educators ways to effectively communicate with the millennial generation.

Learning Objectives:

Upon completion of this lecture, the participant will be able to:

- Distinguish between different generational learning styles to increase teaching effectiveness
- Define Formative Feedback and Summative Feedback Create a glossary of terms and phrases for use in feedback and evaluation of the medical student
- Recognize the consequences created by positive and negative evaluations of a medical student on the student and the evaluator
- Use the experiences of other attendees to effectively improve the process of feedback and evaluation at your institution

AOA OMED/ACOP PEDIATRIC TRACK 2013

OBJECTIVES

MONDAY, SEPTEMBER 30, 2013

Fetal Imprinting

Thomas H. Strong, MD

Upon completion of this lecture, the participant will be able to:

- Discuss effect of fetal programming on adult health and illness.
- Discuss possible consequences of a hostile in utero environment.
- Understand the concept of epigenetics.

Impact of Umbilical Coiling on Fetal Outcome

Thomas H. Strong, MD

Upon completion of this lecture, the participant will be able to:

- Understand the function of umbilical vascular coiling.
- Recognize the benefits of umbilical vascular coiling.

Umbilical Cord and Cord Blood Stem Cells:

A State-of-the-Art Review

Jordan Perlow, MD

Upon completion of this lecture, the participant will be able to:

- Discuss the history of umbilical cord blood stem cell therapy.
- Review the advantages of cord blood as a source of hematopoietic stem cells.
- Present current utilization of cord blood stem cells for treatment of malignant and benign conditions.
- Discuss applications of umbilical cord and cord blood derived stem cells in regenerative medicine.

Pre-term Birth in the United States and the March of Dimes Prematurity Preterm Birth Prevention Initiative

Jordan Perlow, MD

Upon completion of this lecture, the participant will be able to:

- Understand the epidemiology of preterm birth in the United States.
- Recognize the current options in the prevention of preterm birth.
- Analyze the contribution of multiple gestation to the rising rate of preterm births.

Transitioning After Birth and the Care of the Late Pre-Term Infant

Matthew Abrams, MD

Upon completion of this lecture, the participant will be able to:

- Identify the normal physiologic sequence of postnatal transitioning.
- Recognize conditions which may cause delayed but normal transitioning.
- Identify abnormal findings during transitioning that require further evaluation.
- Understand the special needs of the late preterm infant.

Nutritional Pearls to Maintain Optimal Growth for the NICU Baby

Matthew Abrams, MD

Upon completion of this lecture, the participant will be able to:

- Understand what early nutritional interventions will improve postnatal growth.
- Understand how early nutrition affects long term neurodevelopmental outcomes.
- Facilitate post-NICU follow-up and monitoring of growth and nutrition.

Improving Communication in the NICU

Craig Shoemaker, MD

Upon completion of this lecture, the participant will be able to:

Identify improved methods of communication with parents of high risk neonates and to incorporate parent interaction with the health care team during and after the NICU stay.

TUESDAY, OCTOBER 1, 2013

Sex: Presenting the Topic to the Adolescent and Parent(s)

Jacqueline Kaari, DO

Upon completion of this lecture, the participant will be able to:

- Provide appropriate anticipatory guidance regarding sex and sexuality to parents.
- Discuss sexual responsibility with adolescent patients.
- Identify available resources for adolescent patients and develop techniques to effectively distribute this information.

Adolescent Health Care Challenge Scenarios:

Case Presentation

Jacqueline Kaari, DO

Upon completion of this lecture, the participant will be able to:

- Develop a plan of care for adolescent with self-injurious behavior/cutting.
- Identify strategies to deal with adolescent school avoidance.
- Summarize the effect of bullying via social media on adolescents and devise an approach to building resilience in this population.

Adolescent Eating Disorders

Margot Waitz, DO

Upon completion of this lecture, the participant will be able to:

- Understand the changes in the DSM5 pertaining to eating disorder diagnoses.
- Understand how to recognize an individual with an eating disorder and appropriate treatment options.
- Understand the medical complications of eating disorders and appropriate treatment.

Adolescent Addiction

Margot Waitz, DO

Upon completion of this lecture, the participant will be able to:

- Understand the current issues surrounding adolescent substance abuse.
- Understand current approaches to the prevention of substance abuse among adolescents.
- Review options for treatment for adolescents with substance abuse problems/addiction.

Sexually Transmitted Infections Update

Cynthia Mears, DO

Upon completion of this lecture, the participant will be able to:

- Understand the current epidemiology and rates of STIs.
- Recognize which STIs affect teens and why, and how to test and treat them.
- Identify public health strategies to address trends and resistance.

The Adolescent Physical Exam

Cynthia Mears, DO

Upon completion of this lecture, the participant will be able to:

- Learn about key psychosocial screenings and some recommendations from the Bright Futures.
- Learn about tools, resources and strategies for getting information and conducting screenings in a timely manner.
- Learn about screening for issues such as Graduated Driving Licensure, Alcohol and Substance abuse, Bullying, Suicide, and Homicide.

WEDNESDAY, OCTOBER 2, 2013

Clinical and Practical Implications of Head Acceleration, Concussion and Helmet Design

Gunnar Brolinson, DO

Upon completion of this lecture, the participant will be able to:

- Understand that head acceleration is correlated to concussion risk in sport.
- Be aware that youth head impact exposure can be high, especially in practices.
- Understand the importance of proper protective equipment to lowering the risk of concussion on the playing field.

What's New in Pediatric Allergy Research?

Massoud Mahmoudi, DO

Upon completion of this lecture, the participant will be able to:

- Learn about the recent research in pediatric allergic diseases.
- Review up to date research articles on food and environmental allergies.
- Discuss the future of research in pediatric allergy.

Bacteria on Binkies: A Recipe for Crankiness

R. Thomas Glass, DDS, PhD

Upon completion of this lecture, the participant will be able to:

- Understand the problems of disease transmission by infant pacifiers.
- Identify available solutions to the problems that are based

on research.

- Understand the possible association between pacifier use and allergies.

What's New in Pediatric Dermatology Research?

Frank Morocco, DO, FAOCD

Upon completion of this lecture, the participant will be able to:

- Explain the importance of skin barrier dysfunction in atopic dermatitis.
- Understand the use of biologics in the treatment of moderate to severe psoriasis in the pediatric population.
- Classification of vascular tumors and treatment of infantile hemangiomas.

What's New in Childhood Obesity Research?

Colony Fugate, DO

- Build baseline knowledge of the level of physical activity and screen time in youth.
- Develop a better understanding of the relationship between physical activity and learning.
- Acquire awareness of the relationship between recess and children's attention in school.

How does EMR Research Benefit Pediatrics?

Michael Hunt, DO

Upon completion of this lecture, the participant will be able to:

- Understand the acceptance and penetration of EMRs into pediatric practice. Establish a comparison of systems and general technological understanding.
- Recognize the effectiveness of EMRs to deliver care to various pediatric populations; rheumatology, general practice, obesity, disease registries (including vaccine).
- Understand patient/parent perception of health information technologies in the provision of care.
- Identify the how medical model transformation will require technology to meet challenges.

Using Practice Data to Study Performance and Make Improvements

Richard J. Snow, DO

Upon completion of this lecture, the participant will be able to:

- Understand core competencies in patient centered care.
- Describe business model: How patient centered care can work in your practice.
- Describe how clinical informatics can make you successful.

Cardiology: What Do We Need to Remember About Sports Pre-Participation?

Alok Bose MD

Upon completion of this lecture, the participant will be able to:

- Discuss the common familial genetic issues that require cardiac testing.
- Describe the controversy surrounding ECG screening.
- List the most common causes of sudden cardiac death in athletes.

AOA OMED/ACOP PEDIATRIC TRACK 2013

OBJECTIVES

Long-Term Care Post-Procedure Cardiac Care and Ten Most Common Cardiac Lesions

Alok Bose MD

Upon completion of this lecture, the participant will be able to:

- Explain which cardiac lesions need long term SBE prophylaxis.
- Discuss follow up frequency for post surgical lesions.
- Describe which Lesions require long term sports restrictions.

Outpatient Asthma Action Plan

Maureen Josephson, DO

Upon completion of this lecture, the participant will be able to:

- Understand the diagnosis and treatment of pediatric asthma in the outpatient setting.
- Understand the most up to date literature impacting the management of pediatric patients with asthma.

THURSDAY, OCTOBER 3, 2013

Vaccine Resistance

Stanley E. Grogg, DO, FACOP

Upon completion of this lecture, the participant will be able to:

- Answer the common questions asked by parents/patients.
- Understand the efficacy of FDA approved vaccinations.
- Discuss the safety of FDA approved immunizations.
- Recommend appropriate references for patients.

OMM for Parents

Doris Newman, DO

Upon completion of this lecture, the participant will be able to:

- Understand osteopathic treatment of chronic sinusitis utilizing 18 minutes of OMT to reduce sinus pain, pressure and congestion and parent instruction in these techniques.
- Explore a new research protocol designed to identify the comfort level of parents in performing manipulative treatment on their pediatric patient with acute otitis media.

Osteopathic Approach for Newborns and Infants with Colic

Heather Ferrill, DO

Upon completion of this lecture, the participant will be able to:

- Current research on the pathophysiological mechanisms underlying colic in infants
- Anatomical and physiological relationships important in the osteopathic evaluation of the infant with colic.
- Indications and contraindications to OMT in the infant with colic.
- Fast and easy OMT for the busy pediatrician to use with the colicky infant.

Osteopathic Care for Infants with Plagiocephaly and Cranial Asymmetry

Lisa DeStephano, DO

Upon completion of this lecture, the participant will be able to:

- Capable of understanding the role of Osteopathic Manipulative Medicine in the treatment of infants with plagiocephaly.
- Familiar with the physiology of how the shape of the osseous cranium is formed.

Teaching Parenting Skills in the Office

Ava Stanczak, DO

Upon completion of this lecture, the participant will be able to:

- Elicit and address parental concerns regarding behavior during regular office visits.
- Evaluate parental knowledge and skills in parenting.
- Identify behavioral problems needing referral.
- Identify times during office visits when parent training may occur.
- Incorporate parent training into routine anticipatory guidance during well care visits.

OCC Mini Review

Marta S. Diaz-Pupek, DO, FACOP

Upon completion of this lecture, the participant will be able to:

Be familiar with the type of questions and content asked in the general pediatric certification/recertification exam in the areas of general pediatrics, anticipatory guidance and Adolescent Medicine.



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**Sheraton Kansas City
at Crown Center
Kansas City, MO**

**SAVE
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