



AMERICAN COLLEGE OF OSTEOPATHIC PEDIATRICIANS
1940 - 2010 ~ Celebrating 70 Years!

2010 Spring Conference

Williamsburg Lodge
APRIL 22-25, 2010

www.acopedes.org



2209 Dickens Road • Richmond, VA 23230-2005 • (804) 565-6333 • Fax (804) 282-0090

Photos Courtesy of the Colonial Williamsburg Foundation

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GENERAL INFORMATION

Welcome

We personally welcome you to the ACOP 2010 Annual Spring Conference – **Prevention**.

The topics covered are wide ranging, but central to ACOP's theme of *Prevention*. They include talks on the pediatrician's role in screening and anticipatory guidance for alcohol and drugs; second hand tobacco exposure and use; family and interpersonal violence; and gender specific reproductive health. You will find prevention staples with updates on immunizations and asthma. A presentation from the National Institutes of Mental Health (NIMH) on the current research in the treatment of adolescent Major Depression (TADS) will be offered. Our Watson Memorial Lecture will be given by Ian Watson, the grandson of James M Watson. He comes to us from Reykjavik, Iceland. Our highly awaited Past President Emeritus Lectures will be given on Friday by Arnold Melnick, DO, FACOP and Saturday by Benjamin L. Cohen DO, FACOP. Added several years ago, our Emeritus Member speakers serve to enlighten all pediatricians with their expertise and experiences. In our closing sessions, office practice emergencies converge with hospital systems of care in back-to-back panels. Here the theme of *Prevention* during crisis focuses on communication, anticipation, quick thinking, and drills.

The American College of Osteopathic Pediatricians is committed to teach, inspire and train both students and residents with the *Conduit for Success*. We have specific lectures for both students and residents. All conference attendees are welcome to attend these lectures. We have lectures on how to handle stress in residency, how to negotiate contracts and lectures on writing grant applications. We have hands-on lectures on Osteopathic Manipulation, as these are always very popular.

We are not all business; there is a Fun Run/Walk on Saturday through historic Williamsburg, which will be enjoyable for all. Nancy Monaghan Beery, DO, FACOP, FAAP will be leading our pack. Be sure to sign up when you register.

We look forward to seeing you in historic Williamsburg, Va and anticipate you will have a magnificent time while engaging in a fantastic educational opportunity and collegial discussions.

Judith Thierry, CAPT, DO, MPH, FACOP, FAAP - *Program Chair*
Ed Spitzmiller, DO, FACOP - *Program Co-Chair*
Neil S. Levy, DO, MBA, FACOP - *Director of CME Programs*

Education Mission Statement

The ACOP's Continuing Medical Education (CME) is designed to meet the objectives and purposes of the College and the needs of the membership.

An objective of the ACOP is "to foster measures and conduct activities to increase the effectiveness of the specialty of pediatrics and pediatric education at all levels." The ACOP Committee on CME has as its main function the implementation of programs that will improve the quality of health care for children. Through surveys of its members during the year and at the CME Meeting, educational needs are identified. The scope of pediatric topics presented in the CME programs is based on these surveys.

Accreditation and Designation

This program anticipates being approved for up to 17 AOA Category A-1 CME credit pending approval by the AOA Division of Continuing Medical Education Office.

Please contact ACOP at (804) 565-6333 or email bob@ACOPeds.org with questions regarding this conference. Registration made by fax at 804-282-0090 or by mail using the form provided to ACOP, 2209 Dickens Road, Richmond, VA 23230-2005. Registration will NOT be taken over the phone.

Americans with Disabilities Act

The American College of Osteopathic Pediatricians has fully complied with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of special accommodations, please contact ACOP headquarters at (804) 565-6333 or via email to bob@ACOPeds.org.

About Your Stay in Williamsburg

When you visit Williamsburg and surrounding areas, you will see where America began. Experience this rich history for yourself at Williamsburg, where the ideas of democracy, liberty and revolution flowered. America's Historic Triangle is now the perfect Virginia vacation destination for all ages, with engaging museums and historical attractions located near thrilling theme parks like Busch Gardens and Water Country USA, outdoor activities, and world-class shopping and dining. If you're looking for things to do in Williamsburg, Virginia, this is only the beginning.

Accommodations

The American College of Osteopathic Pediatricians has arranged for special group rates during this Conference. The rate per night for a deluxe room is \$234.00. Student discount rates can be received only by contacting Bob Specht at bob@acoped.org or (804) 565-6333. **These rates are in effect until March 19, 2010 or until the block is full.** Check in time is 4:00 pm and check out is 11 am. Applicable taxes apply. For non-student members, please visit <https://resweb.passkey.com/go/acop4249> for online hotel reservations. If you would prefer to make your reservations by phone, call 800-261-9530 (students will NOT receive a discount at this number) between the hours of 8:30 am-5:00 pm EST and use the **Booking ID 4249** when calling.

Visit www.ACOPeds.org for Online Hotel Reservations!

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THURSDAY, APRIL 22, 2010

8:00 am - 4:00 pm	ACOP Strategic Planning Session
8:00 am - 5:00 pm	AOBP Exam
5:00 pm - 8:00 pm	AOBP Board Meeting
6:00 pm - 8:00 pm	Board of Trustees Meeting

FRIDAY, APRIL 23, 2010

6:30 am - 4:30 pm	Registration
6:30 am - 7:30 am	Breakfast with Exhibitors / Posters
7:30 am - 8:00 am	Past President Emeritus Lecture Then....and Now Arnold Melnick, DO FACOP <i>Moderator: Judith Thierry, DO, MPH, FACOP</i>
8:00 am - 9:00 am	Tattoo, Piercing Education, Prevention and Intervention Brock Generalovich, DO <i>Moderator: Judith Thierry, DO, MPH, FACOP</i>
9:00 am - 10:00 am	Alcohol and Substance Abuse Sandra A. Brown, PhD <i>Moderator: Judith Thierry, DO, MPH, FACOP</i>
10:00 am - 10:30 am	Break with Exhibitors and Posters
10:30 am - 11:30 am	Male Reproduction Cynthia Mears, DO <i>Moderator: Edwin Spitzmiller, DO, FACOP</i>
11:30 am - 12:30 pm	Asthma Robert W. Hostoffer, Jr., DO, FACOP <i>Moderator: Edwin Spitzmiller, DO, FACOP</i>
12:30 pm - 1:00 pm	Lunch on own
1:00 pm - 2:00 pm	James M. Watson Memorial Lecture ACOP Founder, James M. Watson, DO, FACOP, First President, 1940-1941 Ian Watson, PhD <i>Moderator: Robert W. Hostoffer, Jr., DO, FACOP</i>
2:00 pm - 3:00 pm	Break with Exhibitors / Posters
2:30 pm - 6:30 pm	Conduit for Success/Committee Meetings 2:30 - 3:30 pm Marshal Corner 2:30 - 3:30 pm eJournal Editors 3:30 - 4:30 pm Research Lecture 3:30 - 4:30 pm Vaccine Committee

- Continued -

Faculty

Sandra A. Brown, PhD
University of California, San Diego
San Diego, CA

Benjamin L. Cohen, DO, FACOP
Western University of
Health Sciences
Pomona, CA

Scott S. Cyrus, DO, FACOP
Children & Adolescent
Medical Service
Tulsa, OK

**Marta Diaz-Pupek, DO, FACOP,
FAAP**
A.I. DuPont Hospital for Children
Wilmington, DE

Brock Generalovich, DO
Cosmetic Surgery Institute
Beachwood, OH

Stanley E. Grogg, DO, FACOP
Oklahoma State University Center
for Health Sciences"
Tulsa, OK

**Robert W. Hostoffer, Jr, DO,
FACOP**
Case Western Reserve University
Cleveland, OH

**Michael G. Hunt, DO, FACOP,
FAAP**
Sisters of Mercy Hospital System
Saint Louis, MO

Fran Inge
Executive Director
The Family and Children's
Trust Fund of Virginia
Richmond, VA

4:30 - 5:30 pm Program Directors
 4:30 - 5:30 pm Student Meeting
 5:30 - 6:30 pm CME Committee
 5:30 - 6:30 pm Pediatric Chairs
 5:30 - 6:30 pm Resident Meeting

Faculty

Mary Maher, DO
 Nemours Pediatrics
 Middleton, DE

Arik Marcell, MD, MPH
 Johns Hopkins Children's Center
 Baltimore, MD

Gary S. Marshall, MD
 University of Louisville
 School of Medicine
 Louisville, KY

Cynthia Mears, DO
 Children's Memorial Hospital
 Chicago, IL

Arnold Melnick, DO, FACOP
 NSU College of
 Osteopathic Medicine
 Aventura, FL

Joyce A. Ott, BA, MS, PhD
 Clemson University
 Clemson, SC

David Pressel, MD
 A.I. duPont Hospital for Children
 Wilmington, DE

Judith Thierry, DO, MPH, FACOP
 Indian Health Service
 Rockville, MD

Edwin Spitzmiller, DO, FACOP-
 Southview Medical Center
 Dayton, OH

Bruce Waslick, MD
 Tufts University
 School of Medicine
 Medford, MA

Ian Watson, PhD
 Bifrost University
 Bifrost, Iceland

Donna L. Weaver, MN, RN
 National Immunization
 Program, CDC
 Atlanta, GA

SATURDAY, APRIL 24, 2010

6:00 am - 6:50 am	Fun Run / Walk – Location TBA
6:00 am - 4:30 pm	Registration
7:00 am - 8:00 am	Breakfast with Exhibitors / Posters
8:00 am - 8:30 am	Past President / Emeritus Lecture Title TBA Benjamin L. Cohen, DO, FACOP <i>Moderator: Edwin Spitzmiller, DO, FACOP</i>
8:30 am - 9:30 am	Identifying and Treating Child/Adolescent Depression Bruce Waslick, MD <i>Moderator: Edwin Spitzmiller, DO, FACOP</i>
9:30 am - 10:30 am	Prevention of Family Violence Fran Inge <i>Moderator: Edwin Spitzmiller, DO, FACOP</i>
10:30 am - 11:00 am	Break with Exhibitors / Posters
11:00 am - 12:00 n	Beyond Bullying Joyce A. Ott, BA, MS, PhD
12:00 n - 1:00 pm	Lunch & Business Meeting CME Committee Certificates Presented Fun Run Winners Announced
1:00 pm - 2:00 pm	Preventive Disease - Update of ACIP Recommendations Stanley E. Grogg, DO, FACOP <i>Moderator: Michael G. Hunt, DO, FACOP, FAAP</i>
2:00 pm - 3:00 pm	Vaccine Related Diseases in the Pre-vaccine Era Donna L. Weaver, RN, MN <i>Moderator: Michael G. Hunt, DO, FACOP, FAAP</i>
3:00 pm - 4:00 pm	Addressing Parent's Concerns About Vaccines Gary S. Marshall, MD <i>Moderator: Michael G. Hunt, DO, FACOP, FAAP</i>
4:00 pm - 5:00 pm	Poster Review Session
6:00 pm - 7:00 pm	Reception with Awards <i>Moderator: Scott S. Cyrus, DO, FACOP</i>

SUNDAY, APRIL 25, 2010

7:00 am - 11:00 am	Registration
7:00 am - 8:00 am	Breakfast
8:00 am - 9:00 am	Sexually Transmitted Diseases/Chlamydia/Office Gynecologic Exam of the Adolescent Cynthia Mears, DO <i>Moderator: Judith Thierry, DO, MPH, FACOP</i>
9:00 am - 10:00 am	Office Emergencies/Referral and Transport in Cases of Asthma/Seizure/Dehydration-Respiratory/CNS/Circulation Mary Maher, DO <i>Moderator: Marta Diaz-Pupek, DO, FACOP, FAAP</i>
10:00 am - 11:00 am	Hospitalist's Perspective on Receiving Office Referrals David Pressel, MD <i>Moderator: Judith Thierry, DO, MPH, FACOP</i>
10:30 am - 11:00 am	Questions & Answers
11:00 am	Adjournment

Speaker Objectives

Friday, April 23, 2010

Past President Emeritus Lecture

Then...and Now

Arnold Melnick, DO FACOP

The participant will:

1. Hear a personal review of the progress of the ACOP from the speaker's perspective with the objective of providing a backdrop for where the ACOP is today.

Tattoo, Piercing Education, Prevention and Intervention

Brock Generalovich, DO

The participant will:

1. Understand dermatology of tattoos and short and long-term complications.
2. Be able to communicate to patients and parents the implications of tattoos and piercings.
3. Know when to refer for specialty care and (??).

Alcohol and Substance Abuse

Sandra A. Brown, PhD

The participant will:

1. Describe basic screening for alcohol and substance abuse in adolescent.
2. Understand factors integral to the etiology, progression and resolution of substance abuse using a case history.
3. Understand adolescent brain development (versus adults) and their response to substance abuse and treatment outcomes.

Male Reproduction

Cynthia Meers, DO

The participant will:

1. Describe the evidence-based health issues for adolescent preconception health and wellness.
2. Describe the health literacy issues for adolescents that support wellness and reproductive health.
3. Understand impact of preconception health counseling on preventable disease and birth defects.

Asthma

Robert W. Hostoffer, Jr., DO, FACOP

The participant will:

1. Review patient and parent asthma management education and control of environmental factors and other triggers.
2. Understand and describe the system wide approaches to asthma care and the settings where children may present.
3. Be able to describe multiple approaches to limit exposure to allergens.
4. Review common conditions and chronic problems that, when treated, improve asthma control.
5. Reinforce understanding of the stepwise approach to asthma control and medication types and dosing

James M. Watson Memorial Lecture ACOP Founder, James M. Watson, DO, FACOP, First President, 1940-1941

Ian Watson, PhD

The participant will:

1. Be more knowledgeable about the life and times of James M. Watson of Los Angeles, California, the founder and first President of the American College of Osteopathic Pediatricians.

Saturday, April 24, 2010

Past President / Emeritus Lecture

Title TBA

Benjamin L. Cohen, DO, FACOP

The participant will:

1. Hear a personal review of the progress of the ACOP from the speaker's perspective with the objective of providing a backdrop for where the ACOP is today.

Identifying and Treating Child/Adolescent Depression

Bruce Waslick, MD

The participant will:

1. Describe overview of depression in children and adolescents with clinical description, natural history and clinical course.
2. Review steps to assessing suicidality.
3. Understand effectiveness of combined modalities of antidepressant medication and psychotherapy from the Treatment for Adolescents with Depression (TADS) Study.

Prevention of Family Violence

Fran Inge

The participant will:

1. Describe the nature of family violence.
2. Understand state systems approach to addressing family violence and its impact on children.
3. Describe the roles of pediatricians, state and non-profit agencies in preventing child maltreatment and family violence.

Beyond Bullying

Joyce A. Ott, BA, MS, PhD

The participant will:

1. Understand the impact of bullying in diverse populations.
2. Describe dating violence and its underpinnings especially in school settings.
3. Understand opportunities as professionals to prevent and reduce bullying in communities and the resources available.
4. Review approaches in primary care to address bullying and victims of bullying.

Preventive Disease - Update of ACIP Recommendations

Stanley E. Grogg, DO, FACOP

The participant will:

1. Understand the ACIP process for immunization approval.
2. Develop an updated vaccination schedule for your practice.
3. Be able to discuss the latest immunization recommendations with your patients and families.

Speaker Objectives

Vaccine Related Diseases in the Pre-Vaccine Era

Donna L. Weaver, MN, RN

The participant will:

1. Review pre-vaccine era vaccine related diseases prevalence, cycles and their clinical course.
2. Understand pre-vaccine Era population measures to control contagion.
3. Describe the advent of early vaccines and their public health impact.

Addressing Parent's Concerns About Vaccines

Gary Marshall, MD

The participant will:

1. Review current 2010 pediatric vaccine schedule.
2. Address adolescent specific vaccine schedule.
3. Describe new vaccines on the horizon and future development.



Sunday, April 25, 2010

Sexually Transmitted Diseases/Chlamydia/Office Gynecologic Exam of the Adolescent

Cynthia Mears, DO

The participant will:

1. Review prevalence and incidence of STI's and risk factors for adolescents.
2. Describe screening, treatment, follow-up and health education for adolescents who are sexually active.
3. Describe anticipatory guidance and basic office gynecologic care for adolescents in primary care settings

Office Emergencies/Referral and Transport in Cases of Asthma/Seizure/Dehydration-Respiratory/CNS/Circulation

Mary Maher, DO

The participant will:

1. Understand and gain knowledge of emergencies entering in outpatient settings and how to prepare.
2. Explore the basics of rapid triage, assessment, stabilization for transport and parent support.
3. Describe the referral process, communication and information sharing from the referring and receiving providers.

Hospitalist's Perspective on Receiving Office Referrals

David Pressel, MD

The participant will:

1. Understand and describe the continuum of care for emergencies and very ill children as they are received by hospitalists.
2. Describe communication and information sharing from the referring and receiving providers and during emergency medical services transport.
3. be able to discuss medico legal aspects of office emergencies and transfer of care.



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GENERAL INFORMATION

Name _____ AOA# _____

Institution _____

Address _____

City _____ State _____ Zip _____

*Email _____

Phone _____ Fax _____

*Preferred method of contact.

	Through March 19, 2010	After March 19, 2010	Total Due
<input type="checkbox"/> ACOP Members			
Fellow, Associate or General Member	\$450	\$500	_____
Emeritus Member	\$150	\$200	_____
Candidate Member (Intern & Resident)	\$75	\$100	_____
Osteopathic Medical Student**	\$25	\$30	_____
**Students who wish a Syllabus must purchase one.	\$25	\$30	_____
<input type="checkbox"/> Non Members			
DO - Member of Other Specialty College	\$500	\$600	_____
Osteopathic Medical Student*	\$35	\$45	_____
Resident/Intern*	\$95	\$105	_____
Other Physicians	\$450	\$500	_____
Allied Health Professional	\$250	\$300	_____
<input type="checkbox"/> Spouse/Guest Meal Ticket	\$95	\$95	_____
Includes Breakfast Friday-Sunday			_____
<input type="checkbox"/> Student Meeting Donation (to help the college subsidize students' attendance)			_____
<input type="checkbox"/> Yes! I will participate in the Fun Run/Walk on April 24, 2010.			_____
			n/c

* Membership application available at www.ACOPeds.org **Registration Total \$** _____

Payment

Credit Card Payment: VISA MasterCard American Express

Card # _____ Exp. Date _____

Name on card _____

Signature _____

Mail registration/checks to: American College of Osteopathic Pediatricians
2209 Dickens Road • Richmond, Virginia 23230-2005

Online registration available at www.ACOPeds.org.

Cancellation Policy: Full refund through March 1, 2010. 50% refund March 2 - 31, 2010. No refunds after March 31, 2010. Refunds will be determined by the date written cancellation is received.



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Photo courtesy of Lewis Sommer, San Francisco Convention & Visitor's Bureau

SAN FRANCISCO

PLAN NOW!

**AOA/ACOP
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TRACK**

October 24-28, 2010

San Francisco, CA