Pediatricians DOing Education Together
April 25-28, 2013

Renaissance Columbus
Downtown Hotel
Columbus, Ohio

A Joint CME Conference of the American College of Osteopathic Pediatricians (ACOP) and the American Academy of Pediatrics (AAP) Section on Osteopathic Pediatricians

Earn a maximum of 25.0 AOA Category 1-A and AMA PRA Category 1 Credits (pending approval) at this state-of-the-art pediatrics course for DOs and MDs.

Visit www.ACOPeds.org for registration information
What is the Pediatricians DOing Education Together Conference?

This conference reviews the most recent and scientific advances in pediatric medicine and their application to clinical practice for pediatricians, both osteopathic and allopathic trained.

Key topics are covered by recognized experts in a variety of areas. The sessions are specifically designed to update today’s health care professionals providing care to infants, children, adolescents and young adults. The course combines lectures, Q&A sessions, research presentations and small interactive group sessions to allow course participants the opportunity to interact with distinguished faculty.

The conference is an opportunity for attendees to participate together in osteopathic pediatric continuing medical education. This is a first-ever joint CME program between the ACOP and the AAP Section on Osteopathic Pediatricians.

Who Should Attend?

- Pediatricians in general practice
- Community Pediatricians
- Faculty in general and community pediatrics
- Young physicians
- Pediatric nurse practitioners
- Other pediatric healthcare professionals

ACOP Education Mission Statement

The ACOP’s Continuing Medical Education (CME) is designed to meet the objectives and purposes of the College and the needs of the membership. The objective of the ACOP is “to foster measures and conduct activities to increase the effectiveness of the specialty of pediatrics and pediatric education at all levels.” The ACOP Committee on CME has as its main function the implementation of programs that will improve the quality of health care for children. Through surveys of its members during the year and at the CME Meeting, educational needs are identified. The scope of pediatric topics presented in the CME programs is based on these surveys.

Accreditation and Designation

The American College of Osteopathic Pediatricians (ACOP) is accredited by the American Osteopathic Association (AOA) to provide continuing medical education for physicians. The ACOP anticipates that this program will be approved for up to 25 AOA Category 1-A CME credits.

The American Academy of Pediatrics (AAP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The AAP designates this Live Activity for a maximum of 25 AMA PRA Category 1 Credit(s). ™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Call for Abstracts

Please visit www.acopeds.org/cme.php for abstract submission instructions. The abstract submission deadline is March 1, 2013. Contact Kim Battle at kim@acopeds.org with questions.

Americans with Disabilities Act

The American College of Osteopathic Pediatricians has fully complied with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of special accommodations, please contact ACOP headquarters at (804) 565-6333 or via email to kim@ACOPeds.org.

Accommodations

Discover rejuvenated luxury at the Renaissance Columbus Downtown Hotel, fresh off an impressive $16 million renovation. Relax in luxurious hotel rooms with upscale amenities and contemporary styling while enjoying stunning views of downtown.

The American College of Osteopathic Pediatricians has arranged for special group rates during this conference. The rate per night for a Single or Double is $119.00 plus 16.75% Hotel Room Tax (subject to change). The hotel is located at 50 N. 3rd Street, Columbus, OH 43215.

Visit www.acopeds.org for the link to the online hotel reservations site. If you prefer to make your reservations by telephone, please call the Renaissance Enhanced Group Reservations at 1-877-901-6632. Guests should ask for Passkey Reservations and reference American College of Osteopathic Pediatricians (ACOP) Joint Meeting or the Event ID # 10304615 to receive the $119 discounted room rate. The cutoff date for reservations at the group rate is Wednesday, April 3, 2013.

Concurrent Sessions

In an effort to provide conference attendees with opportunities to learn in a small group setting, concurrent sessions are being held on Thursday, Friday and Saturday. Registration for these sessions is considered on a first come, first served basis. Please register early to make sure you can have your first choice(s).
# Conference Scientific Program

**Thursday, April 25**

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<th>Time</th>
<th>Activity</th>
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<td>6:00 am - 7:15 am</td>
<td>Wellness Activity</td>
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<tr>
<td>7:15 am - 8:00 am</td>
<td>Registration and Breakfast with Exhibitors</td>
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<tr>
<td>8:00 am - 8:30 am</td>
<td>Opening Remarks and Announcements</td>
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<tr>
<td></td>
<td>James E. Foy, DO, FACOP – ACOP President</td>
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<td>Lisa D. Ryan, DO, FAAP, FACOP – AAP SOO Chair/Program Co-Chair</td>
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<td>Margaret Orcutt-Tuddenham, DO, FACOP, FAAP</td>
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<td>Management of Colic and GERD Using Osteopathic and Nutritional Interventions</td>
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<td>Break/Visit the Exhibitors</td>
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<tr>
<td>11:00 am - 12:30 pm</td>
<td>CONCURRENT SMALL GROUP SESSIONS</td>
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<tr>
<td>TH-1</td>
<td>Manipulative Medicine Techniques for Colic and GERD</td>
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<td>Ali M. Carine, DO, FACOP</td>
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<td>TH-2</td>
<td>Sports Medicine for the Pediatrician</td>
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<td>Kate E. Berz, DO</td>
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<td>TH-3</td>
<td>Migraine POMT</td>
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<td>Robert W. Hostoffer Jr., DO, FACOP, FAAP</td>
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<tr>
<td>12:30 pm - 2:00 pm</td>
<td>Group Lunch with Exhibitors</td>
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<td>2:00 pm - 3:00 pm</td>
<td>Visual Diagnosis – “Hot Rashes”</td>
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<td>James H. Brien, DO, FAAP</td>
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<td>3:00 pm - 4:00 pm</td>
<td>ICD Coding</td>
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<td>Julia M. Pillsbury, DO, FACOP, FAAP</td>
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<td>4:00 pm - 4:30 pm</td>
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<td>FR-2</td>
<td>Physical Abuse: The Exam</td>
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<td>Robert A. Shapiro, DO, FAAP</td>
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<td>FR-3a</td>
<td>Be Safe: Be Aware</td>
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<td>Mary Patterson, MD</td>
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<tr>
<td>12:00 pm - 1:30 pm</td>
<td>Business Lunch &amp; Pediatrician of the Year Award</td>
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Register online at [www.acopeds.org](http://www.acopeds.org)
1:30 pm - 2:30 pm  OCC Mini Board Review
2:30 pm 3:30 pm  Visual Diagnosis: Case Studies  James H. Brian, DO, FAAP
3:30 pm - 3:45 pm  Break with Exhibitors
3:45 pm - 5:15 pm  CONCURRENT SMALL GROUP SESSION  (Two Sessions Repeat from the Morning)

FR-1  Sexual Abuse: The Exam  Martin A. Finkel, DO, FACOP, FAAP
FR-2  Physical Abuse: The Exam  Robert A. Shapiro, MD, FAAP
FR-3  Abuse: The Social Work Interface  Andrea Richey, MSW, LSW

5:15 pm - 7:15 pm  Committee Meetings

Saturday, April 27

6:00 am - 7:15 am  Wellness Activity
7:00 am - 7:50 am  Registration and Breakfast
7:50 am - 8:00 am  Announcements
8:00 am - 9:00 am  Wellness for Kids, Parents & Physicians  Nancy Monaghan Beery, DO, FACOP, FAAP; Danielle Korb (Trainer)
9:00 am - 10:00 am  AAP Mental Health Toolkit  Barbara L. Frankowski, MD, FAAP
10:00 am - 10:15 am  Break
10:15 am - 11:45 am  CONCURRENT SMALL GROUP SESSIONS

SA-1  Depression in Adolescents  Barbara L. Frankowski, MD, FAAP
SA-2  ADHD Update  Ronald V. Marino, DO, MPH, FACOP, FAAP
SA-3  The Physician and Health and Wellness  Stephen F. Pariser, MD

11:45 am - 1:15 pm  Lunch
1:30 pm - 2:30 pm  How to Work with Your Hospitalist  Daniel Rauch, MD, FAAP
2:30 pm - 3:30 pm  James M. Watson Memorial Lecture  AOA’s Role in the Future of Osteopathic Medicine  Ray E. Stowers, DO (AOA President)
3:30 pm - 3:45 pm  Break
3:45 pm - 5:15 pm  Jeopardy Session  Moderator: Margaret Orcutt-Tuddenham, DO, FACOP, FAAP
5:15 pm - 6:30 pm  Reception / Poster Awards
6:30 pm - 8:00 pm  Committee Meetings

Sunday, April 28

7:00 am - 7:30 am  Registration
7:30 am - 8:30 am  Breakfast Panel: Our Experts Answer Your Questions  Carl R. Backes, DO, FACOP, FAAP  Ali M. Carine, DO, FACOP  Martin A. Finkel, DO, FACOP, FAAP  Robert W. Hostoffer, Jr. DO, FACOP, FAAP  Ronald V. Marino, DO, MPH, FACOP, FAAP
8:30 am - 9:30 am  Visual Diagnosis – Dermatologic Manifestations of Systemic Disease  James Marshall, DO, FACOP, FAAP
9:30 am - 10:30 am  Imaging of Pediatric Chest Masses  Mark Finkelstein, DO
10:30 am - 11:30 am  Imaging of Pediatric Abdominal Disease  Mark Finkelstein, DO
11:30 am - Noon  Concluding Remarks

Join the ACOP and the AAP Section on Osteopathic Pediatricians!
To become a member of ACOP visit:  http://www.acopeds.org/join.iphtml
To become a member of the AAP Section on Osteopathic Pediatricians, visit  http://www.aap.org/en-us/about-the-aap/Committees-Councils-Sections/Pages/Online-Council-Section-Membership-Application.aspx
Or come see us at the registration desk in Columbus for more information!
Disclosure of Financial Relationships and Resolution of Conflicts of Interest

The AAP policy on disclosure of financial relationships and resolution of conflicts of interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to leaders that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or surgical procedures that involve "off-label" use of a device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities.

It is the policy of the American College of Osteopathic Pediatricians (ACOP) CME Program to insure balance, independence, objectivity, and scientific rigor in all its educational activities. A conflict of interest exists when an individual or their spouse/partner has a relevant financial relationship/affiliation with a commercial interest. These relationships are defined as financial relationships in any amount occurring within the past 12 months with any proprietary entity producing health care goods or services consumed by, or provided to, patients. All faculty, authors, members of planning committees and staff participating in any CME educational activity are therefore expected to disclose all financial relationships/affiliations. The principal intent of this disclosure is not to prevent an individual with such relationships from participating in the activity. Disclosure is required so that the planning committee, course director, and/or staff can resolve these conflicts and so that participants may be informed and form their own judgments about the activity in the light of full disclosure of the facts. Faculty, authors, members of planning committee and staff should utilize the best available evidence when developing the content of the activity. Participants will be asked to evaluate the objectivity of the presentation and to identify any perceived commercial bias.
Thursday, April 25

Neonatal Abstinence Syndrome – An Epidemic
An Outpatient Approach
Carl R. Backes DO, FACOP, FAAP
Upon completion of this lecture, the participant will be able to:
• Understand Neonatal Abstinence Syndrome (NAS).
• Recognize the symptoms and scoring of NAS newborns.
• Understand outpatient management of the baby with NAS.
• Know the outcome data of length of stay and hospital costs.

Management of Colic and GERD Using Osteopathic and Nutritional Interventions
Ali M. Carine, DO, FACOP
Upon completion of this lecture, the participant will be able to:
• Recognize both traditional colic symptoms, and symptoms of an uncomfortable baby
• Understand infant Gastrointestinal maturation regarding flora acquisition and food introduction
• Be introduced to how infant pain can interfere with infant development

Visual Diagnosis - Hot Rashes
James Brien, DO, FAAP
Upon completion of this session, the participant will be able to:
• Discuss the approach to children with Febrile Exanthems.
• Identify the causes responsible for the disease manifestations.
• Summarize the Diagnosis, Differential Diagnosis & Tx modalities.

Manipulative Medicine Techniques for Colic and GERD
Ali M. Carine, DO, FACOP
Upon completion of this lecture, the participant will be able to:
• Recognize the major differences in infant anatomy
• Understand the techniques for mesenteric release of infants
• Understand the techniques for diaphragm release of an infant
• Identify the treatment sequence that can be used for infants

Sports Medicine for the Pediatrician
Kate E. Berz, DO
Upon completion of this lecture, the participant will be able to:
• Recognize common injuries in the child athlete.
• Apply knowledge of sports injuries to the general pediatrics office.
• Discuss medical conditions affecting sports participation.

Migraine POMT
Robert W. Hostoffer Jr., DO, FACOP, FAAP
Upon completion of this lecture, the participant will be able to:
• Understand POMT.
• Learn about OMT and migraine treatment
• Identify to the treatment techniques for migraine.

ICD Coding
Julia M. Pillsbury, DO, FACOP, FAAP
Upon completion of this lecture, the participant will be able to:
• Describe the purpose of the International Classification of Diseases, Tenth Revision, Clinical Modification (ICD10-CM)
• Describe the similarities and differences in the structure and format of ICD10-M
• Understand the importance of documentation in using ICD10-CM

Friday, April 26

Obesity Update: What’s Happening in Childhood Obesity 2013?
Sandra G. Hassink, MD, FAAP
Upon completion of this lecture, the participant will be able to:
• Understand the socioecological model of childhood obesity
• Identify specific policy changes that can be made in schools and communities to improve healthy eating and activity
• Utilize the policy tool to identify opportunities for advocacy and action

I Can Tell You Because You’re A Doctor:
The Medical History in Child Sexual Abuse
Martin A. Finkel, DO, FACOP, FAAP
Upon completion of this lecture, the participant will be able to:
• Develop an understanding of the “disease of sexual victimization” and the unique role a physician plays in understanding a child’s experience when sexually abused.
• Learn how to assist the patient in providing a narrative by asking questions that are non-leading, not suggestive, empathic and facilitating.
• Learn the essential components of the medical history and how to formulate questions to help a child express their experience when allegations of sexual abuse arise.

FR-1 Sexual Abuse: The Exam
Martin A. Finkel, DO, FACOP, FAAP
Upon completion of this lecture, the participant will be able to:
• Understand the core elements of conducting a medical examination of the alleged child sexual abuse victim
• Recognize how to address any discrepancy between a child’s physical examination findings and their perception of the experience.
• Learn how to formulate an objective and balanced diagnostic assessment
FR-2  Physician Abuse: The Exam  
Robert Shairo, MD, FAAP  
Upon completion of this lecture, the participant will be able to:  
- Recognize examination findings suggestive of physical child abuse.  
- Know the indications for laboratory and radiographic testing in suspected child abuse evaluations.  
- Have skills enabling effective reporting of suspected child physical abuse.  

FR-3  Abuse: The Social Work Interface  
Andrea Richey, MSW, LCSW  
Upon completion of this lecture, the participant will be able to:  
- Recognize how and when to contact social work when there is a concern of abuse/NAT  
- Identify the information they need to provide to social work to expedite the process  
- Understand how social work can help in these situations, what barriers may arise, and the appropriate requests.  

FR-3a  Be Safe: Be Aware  
Mary Patterson, MD  
Upon completion of this lecture, the participant will be able to:  
- Understand how to assess high risk social/family situations  
- Have a framework for seeking help and social services  
- Feel comfortable acting on intuition in these high anxiety situations  

OCC Mini Board Review  
During this session, the participant will review and prepare for the osteopathic continuous certification and maintenance of licensure though individual question and answer sessions prepared and delivered by pediatric experts.  

Visual Diagnosis Case Studies  
James H. Brien, DO, FAAP  
Upon completion of this lecture, the participant will understand specific illnesses through case-based and evidence-based approaches.  

Saturday, April 27  

Wellness for Kids, Parents & Physicians  
Nancy Monaghan Beery, DO, FACOP, FAAP; Danielle Korb, Trainer  
Upon completion of this lecture, the participant will be able to:  
- State the key physical activity guidelines for children and adolescent.  
- Name some aerobic activities, muscle strengthening activities and bone strengthening activities appropriate for youth.  
- Assess a family’s role in promoting physical activity for their child.  
- Apply motivational skills related to physical activity and demonstrate some hands on exercises for both child and parent.  

AAP Mental Health Toolkit  
Barbara L. Frankowski, MD, FAAP  
Upon completion of this lecture, the participant will be able to:  
- Utilize resources such as the AAP Mental Health Toolkit and other web-based supports.  
- Assess their own practice environment for strengths and challenges in delivering mental health care.  
- Identify coding and billing resources, and community resources.  

SA-1  Depression in Adolescents  
Barbara L. Frankowski, MD, FAAP  
Upon completion of this lecture, the participant will be able to:  
- Utilize tools to promote mental health in adolescents.  
- Assess community referral resources.  
- Commit to using a screening tool to identify adolescents with depression.  
- Offer initial office intervention for depressed adolescents.  
- Develop confidence in their ability to prescribe some medications.  

SA-2  ADHD Update  
Ronald V. Marino, DO, MPH, FACOP, FAAP  
Upon completion of this lecture, the participant will be able to:  
- Implement an orderly, thoughtful approach to evaluating the child with school dysfunction.  
- Utilize the AAP ADHD toolkit.  
- Recognize the role of social context, media and sleep deprivation in creating a diagnosis of ADHD.  
- Appropriately utilize medication for treating ADHD.  
- State the role of CAM in managing ADHD.  

SA-3  The Physician and Health and Wellness  
Stephen F. Pariser, MD  
Upon completion of this session, the participant will understand of the complexities of physicians with substance abuse or other problems that may impair their ability to practice effectively.  

How to Work with Your Hospitalist  
Dan Rauch, MD, FAAP  
Upon completion of this lecture, the participant will be able to:  
- Understand the integration of the hospitalist in the medical home.  
- Know the history and current state of Pediatric Hospital Medicine  
- Appreciate the necessity of communication between the primary provider and the hospitalist to ensure the best possible outcomes.  

James M. Watson Memorial Lecture: AOA’s Role in the Future of Osteopathic Medicine  
Ray E. Stowers, DO (AOA President)  
Upon completion of this lecture, the participant will be able to:  
- Gain a better understanding of AOA activities regarding the ACGME issue and the AOA’s efforts to increase OGME opportunities for the family  
- Learn about general advocacy efforts impacting the profession  
- Know how they can get involved to address issues the profession faces today  

Jeopardy Session  
Moderator: Margaret Orcutt-Tuddenham, DO, FACOP, FAAP  
During this session, the participant will become familiar with basic tenants of pediatrics in a competitive interactive environment covering such topics as infectious disease, cardiology, public health and physical and sexual abuse.  

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Sunday, April 28

Breakfast Panel: Our Experts Answer Your Questions
Carl R. Backes, DO, FACOP, FAAP
Ali M. Carine, DO, FACOP
Martin A. Finkel, DO, FACOP, FAAP
Robert W. Hostoffer, Jr. DO, FACOP, FAAP
Ronald V. Marino, DO, MPH, FACOP, FAA
During this session, the participant will be given the opportunity to directly interact in an open question and answer session featuring speakers from the main meeting program, allowing for a more in-depth examination of individual topics.

Visual Diagnosis – Dermatologic Manifestations of Systemic Disease
James Marshall, DO, FACOP, FAAP
Upon completion of this session, the participant will be able to recognize common and more rare diseases and conditions in a busy pediatric practice.

Imaging of Pediatric Chest Masses
Mark Finkelstein, DO
Upon completion of this lecture, the participant will be able to:
• Provide a reasonable differential diagnosis for chest masses based on their imaging characteristics.
• Understand current “best practice” imaging techniques used in the evaluation of chest masses.
• Choose the most appropriate imaging modality (ies) for the diagnosis and/or differentiation of chest masses.

Imaging of Pediatric Abdominal Disease
Mark Finkelstein, DO
Upon completion of this lecture, the participant will be able to:
• Provide a reasonable differential diagnosis for common pediatric GI disorders based on their imaging characteristics.
• Understand current “best practice” imaging techniques in the evaluation of pediatric GI disease.
• Choose the most appropriate imaging modality (ies) for the diagnosis and/or differentiation of common pediatric GI disorders.